

TOMATO AND RICE SOUP

INGREDIENTS

2 med. large onions, chopped

Butter

Packet of Tomato Passata or tinned tomato or tomato juice

¼ - ½ cup long grain rice (depending on how much tomato you have)

Chopped fresh/frozen dill

Crème fraîche

Chicken stock cubes (Knorr-type)

Pepper and sugar to taste.

METHOD

Sauté onions in butter.

Pour in the Passata.

Add stock cubes of stock powder to the soup, with pepper and sugar, then top up with water.

Bring to boil then add some rice & simmer until rice is soft.

Taste and adjust flavourings if necessary.

Add fresh/frozen dill & crème fraiche before serving (can be added to pot at last minute or served on the soup)

