

## **SPINACH** (Polish style)

### **INGREDIENTS**

Tin chopped spinach (or bag of frozen spinach for larger quantities)  
Clove garlic  
Knob butter  
Salt and pepper  
Crème fraîche or soured cream

### **METHOD**

If using frozen spinach, defrost before use.  
Melt the butter in a saucepan.  
Drain whichever kind of spinach you're using and add to the saucepan.  
Stir and heat through, leaving uncovered to allow excess water to evaporate.  
Squeeze in a little garlic, add salt and pepper to taste.  
Just before serving, add crème fraîche/soured cream.

