PIERNIK (Polish honey cake)

INGREDIENTS (Makes 2 × 1 lb loaf tins)

1 lb runny honey ¹/₂ jar strawberry jam ³/₄ breakfast cup sugar 4 ozs butter 1 tblsp cocoa powder ¹/₂ cup milk 1 lb plain flour 3 whole eggs Chopped nuts (almonds and walnuts) Sultanas Orange peel 1/2 pkt chopped dates 1 tsp ground cloves $\frac{1}{4}$ tsp nutmeg ¹/₂ tsp ginger $\frac{1}{2}$ tsp cinnamon 2 tsp sodium bicarbonate

METHOD

Put the honey, strawberry jam, sugar, butter and cocoa powder in a saucepan and melt slowly. Leave to cool and then add the other ingredients, except the sodium bicarbonate. Mix well.

Mix the 2 tsp sodium bicarbonate with a little milk, pour into mixture and mix well. Divide the mixture between 2×1 lb greased loaf tins and with pieces of greased greaseproof paper in the bottom of the tins.

Do not overfill the tins as the mixture rises a lot!

Bake for 1 hr at 180°C or until ready (test with a skewer).

Do not open the oven during baking as it is prone to sink!

Cool in the tins for a while, then cool on racks.

Wrap in cling film and tin foil to store until Xmas – make in Sept/Oct to mature.

Cover with chocolate to serve – dark Bournville-style chocolate, 2 tblsp evaporated milk, few drops of oil and or glycerine melted together and brushed onto the cake.

ЖЖЖ