HERRINGS (for Xmas Eve)

INGREDIENTS

Matjes herring filets – NOT rollmops Lots of raw onion – halves, thinly sliced Extra oil (preferably Sunflower)

METHOD

On a large plate (rather than on a wooden board) cut the herring filets into bitesized pieces Place the herring in a large jar, layering them with the chopped onion Top up with oil as necessary (making sure that the herrings and onion are covered) Leave in fridge for at least a few days before eating Remove from fridge a couple of hours before eating, to bring them to room temperature

HERRINGS IN SOUR CREAM

Mix the cut up herring filets with soured cream, grated eating apple (leave peel on to add colour), grated pickled cucumber, and some chopped capers.

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