

CHŁODNIK (Cold beetroot soup)

INGREDIENTS

KRAKUS beetroot soup (“Barszcz”) in a carton
Beetroot leaves (shredded and blanched)
Beetroot stalks (chopped and cooked)
Vegetable stock cubes or powder
Sugar, if necessary
Bunch of chopped spring onion tops
Chopped fresh or frozen dill
Small cubes of fresh cucumber
Frozen peas
Kefir or soured cream
Vinegar
Hard-boiled eggs

METHOD

Dissolve stock cubes or add stock powder to beetroot juice
Add sugar to taste if necessary.
When cool, add all the vegetable ingredients
Add the kefir or soured cream (doesn’t usually split in cold dishes)
Vinegar to taste

Serve chilled, placing 4 quarters of hard-boiled egg in the bottom of the soup bowl.

